



Campus Greenspace and Behavioral Health Pavilion



Perinatal Psychiatry Services at Zucker Hillside Hospital

75-59 263rd Street
Glen Oaks, NY 11004
(718/516) 470-4MOM



Hallway



Dining Room



Murals



The Comfort Room



Zucker Hillside Hospital
Northwell Health™

Zucker Hillside Hospital is Northwell Health's nationally recognized behavioral health center known for its pioneering clinical, teaching and research programs. The Perinatal Psychiatry Services available at Zucker Hillside include a variety of treatment options – offering both outpatient and inpatient treatment options. The treatment offered at the Perinatal Psychiatry Program may benefit a wide range of new or expectant Mothers.

Services May Include:

- Initial telephone assessment
- Standardized rating scales
- Comprehensive evaluation for medication and therapy
- Brief or long term individual therapy
- Interpersonal Therapy (IPT)
- Cognitive Behavioral Therapy (CBT)
- Supportive Psychotherapy
- Group Therapy
- Marital Therapy / Couples Therapy
- Support for partners
- Medication Management
- Parent-Child Bonding Coaching
- Inpatient Treatment when indicated
 - Therapeutic healing environment
 - Individualized evidence-based treatment plans
 - Protected sleep times
 - Flexible visiting with family and baby
 - Breastfeeding support

Referrals

To inquire about or to make a referral for Perinatal Psychiatry Services, please call: **(718/516) 470-4MOM**

Fees

Medicaid, Medicare, and most insurance plans are accepted; a sliding scale fee is available for eligible individuals.

Use your smartphone to connect to our webpage to learn more about our services or view related videos. Or visit us at: <https://www.northwell.edu/find-care/services-we-offer/perinatal-services>



Taking Care of Mom
for a
Healthy Mom & Healthy Baby