



In Partnership with Long Island Pre-K Initiative

***Super Saturday
For
Professional Development***

Saturday, October 27, 2018 8:00 a.m. to 4:30 p.m.

**Nassau BOCES
71 Clinton Road
Garden City, New York 11530**

Training Schedule

8:00AM – 8:55AM Welcoming, Registration and Continental Breakfast
9:00AM – 10:30AM *Keynote Speaker*–Dana Winters, Fred Rogers Center for Early Learning
And Children’s Media

Morning Sessions

10:45AM – 12:15PM Workshops Session A (1.5 hour training certificate will be awarded)
12:15PM – 1:00PM Lunch will be provided

Afternoon Sessions

1:15PM – 2:45PM Workshops Session B (1.5 hour training certificate will be awarded)
3:00PM – 4:30PM Workshops Session C (1.5 hour training certificate will be awarded)

All registered participants will attend the Keynote presentation. For Sessions A, B & C attendance is *first come, first serve*. Each room has a limited number of slots. Be prepared with your second or third option if the first workshop you choose is filled.

Keynote Speaker

As the Director of Simple Interactions and Academic Programs for the Fred Rogers Center for Early Learning and Children's Media, Dana M. Winters, Ph.D. seeks to apply and advance the legacy of Fred Rogers in serving children and their helpers. Through projects involving children's helpers across many diverse settings, including child care, school systems, community programs, residential care, and children's hospitals, she communicates and reflects what is simple and deep about work in service of children and their families. Dana supervises the Center's research lab, Incubator 143, which partners with educators, trainers, advocates, and researchers to focus on identifying and amplifying the simple active ingredient that universally helps serve children—the power of human connection. She joined the Center after serving as the Senior Evaluator for the Collaborative for Evaluation and Assessment Capacity at the University of Pittsburgh's School of Education, and as an Education Counselor with the Educational Opportunity Centers of Penn State University. Dana holds a Ph.D. in administrative and policy studies from the University of Pittsburgh, a M.A. in education from Indiana University of Pennsylvania, and a B.A. in sociology from Saint Vincent College.

Schedule Details

9:00a.m. – 10:30a.m.: Keynote Presentation

Learning and Growing through Relationships

Dana M. Winters, Ph.D., Director of Simple Interactions and Academic Programs for the Fred Rogers Center for Early Learning and Children's Media

What is deep and simple in the work of early childhood? At the foundation of every child's healthy development is the power of human connection. Whether we are parents, educators, caregivers, or neighbors, each of us has unique and enormous potential to nourish children's lives with positive interactions. Each simple interaction lays the groundwork for lasting developmental relationships – showing children that they are cherished and have a place in this world. From orphanages to children's hospitals, from educators to crossing guards, we will explore the power we have to build relationships and contribute to the positive development of the children around us.

NYS OCFS Topic: 1

CDA Subject Area: Self, Social

Core Body of Knowledge Competency Area: Child Growth & Development

Presenter: Dana M. Winters, Ph.D., Fred Rogers Center for Early Learning and Children's Media

Morning Sessions - 1.5 Hour Trainings

10:45a.m. – 12:15p.m.: Workshops - Session A

1A. Using Simple Interactions to Seed and Grow a Community of Practice In Early Childhood Education

How can we support the learning and growth of a professional community in early childhood education? Real and lasting change can start with finding what ordinary people do extraordinarily well with children in simple, everyday moments. In this workshop session, we practice an approach to communities of practice that rely on capturing and learning from every day, "simple interactions" in early childhood settings. By capturing and learning from what ordinary people do extraordinarily well in simple, everyday moments, we can grow communities of practice, nurture intuition into intention, and plant the seeds for sustainable change.

NYS OCFS Topic: 5

CDA Subject Area: Professionalism

Core Body of Knowledge Competency Area: Professionalism & Leadership

Presenter: Dana M. Winters, Ph.D., Fred Rogers Center for Early Learning and Children's Media
(Room LLA)

2A. Ages and Stages Questionnaire – Birth to Five

How can we support families in being more knowledgeable about their child's development, as well as engaging families in assessing the development of their own child to best create an environment in the home and the child care program that assists the child in becoming the best they can be? Learn about the Help Me Grow Project that assists in implementing this questionnaire throughout your child care program.

NYS OCFS Topic: 5

CDA Subject Area: Program Management

Core Body of Knowledge Competency Area: Observation & Assessment

Presenter: Dawn Daniello, Early Childhood Specialist

(Room 1C)

3A. Quality Starts at the Top: Programs Directors Set the Tone

This workshop will focus on the Director's critical role in setting the tone of his or her program, regardless of the program's size. Aligned with the Core Body of Knowledge, Competency Area 6, participants will have the opportunity, through discussion and activities, to examine their current leadership styles and develop new and improved approaches for their skill set.

NYS OCFS Topic: 5

CDA Subject Area: Professionalism

Core Body of Knowledge Competency Area: Professionalism & Leadership

Presenter: Toni Liebman, Early Childhood Consultant

(Room 1B)

4A. Behavior Management: How to Avoid Power Struggles with Children

Learn the strategies for reducing power struggles in your program/classroom. Identify the importance of sharing control with children and learn the difference between free and limited choices.

NYS OCFS Topic: 1 & 3

CDA Subject Area: Learning Environment, Communication & Guidance

Core Body of Knowledge Competency Area: Child Growth & Development, Observation & Assessment, Environment & Curriculum

Presenter: Emily Torres, Early Childhood Specialist

(Room LLB)

Afternoon Sessions - 1.5 Hour Trainings

1:15p.m. - 2:45p.m.: Workshops - Session B

1B. CACFP Mandated Training (For FDC/GFDC CACFP Participants ONLY)

This training session includes hands-on nutrition and educational activities (with an emphasis on the new meal pattern). The claim process and new regulations will be discussed. There will be a question and answer period. Only ONE assistant per program may attend this CACFP Mandated Training. Space is limited; first come, first serve.

NYS OCFS Topic: 2

CDA Subject Area: Health

Core Body of Knowledge Competency Area: Health, Safety and Nutrition

Presenter: Barbara Wagner, CACFP Manager, Child Care Council of Nassau, Inc.

(Room LLA)

2B. Pathways Toward Change: A Tool to Strengthen Family and Community Engagement

This workshop will introduce participants to the Family Support Long Island, Organizational Reflection Tool designed as a framework for organizations to reflect on, assess and develop new and deeper ways to strengthen family and community engagement.

NYS OCFS Topic: 4

CDA Subject Area: Communication, Families

Core Body of Knowledge Competency Area: Family & Community Relationships

Presenter: Sandra Senior, Director of Parent Services, Legally Exempt Supervisor, Child Care Council of Nassau & Angela M. Zimmerman, M.P.A., Manager of Development and Community Initiatives, Molloy College

(Room 1B)

3B. Maternal Mental Health is a Family Affair

A documentary film, Dark Side of the Full Moon, will be viewed and discussed. This film brings the public health crisis of maternal mental health, including perinatal mood and anxiety disorders (postpartum depression), out of the shadows. Resources to support families will be provided.

NYS OCFS Topic: 2

CDA Subject Area: Health

Core Body of Knowledge Competency Area: Health, Safety & Nutrition

Presenter: Sonia Murdock, Executive Director, Postpartum Resource Center of NY

(Room LLB)

4B. Meeting Standards in a Play Based Program

This workshop provides you with a fresh approach to working with the Pre-K population that promotes cognitive, physical, social, emotional, and language development in a natural and organic matter. As a group, we will discuss relevant ideas and activities using natural materials in the natural environment to create, fun, and effective learning opportunities.

NYS OCFS Topic: 1 & 3

CDA Subject Area: Learning Environment, Cognitive

Core Body of Knowledge Competency Area: Child Growth & Development, Environment & Curriculum

Presenter: Emily Torres, Early Childhood Specialist

(Room 1C)

3:00p.m. – 4:30p.m.: Workshops - Session C

1C. Infant Mental Health and the Impact of Trauma in Childhood

This program addresses the Science and neurobiology of toxic stress and trauma, the impact of trauma on cognitive, and social-emotional development in young children, the importance of building resilience in children, and ways child care providers and adults can help children manage anxiety in developmentally appropriate ways and assist them in coping with stress and traumatic events. It includes a discussion on the importance of self-care.

NYS OCFS Topic: 2

CDA Subject Area: Health

Core Body of Knowledge Competency Area: Health, Safety & Nutrition

Presenter: Candida Cucharro, MSW, MBA, Co-President, NYS Association for Infant Mental Health

(Room LLA)

2C. Facilitating Developmental Stages of Play

We will review the following developmental stages of play: unoccupied play, solitary play, onlooker play, parallel play, associative play and social (cooperative) play. We will address the social/emotional, cognitive and language skills typical of each developmental stage. We will discuss how to incorporate play into individual, small and large group activities thereby promoting play-based learning and skill acquisition. We will also discuss strategies to engage all children in play, especially initiating and responding to each other and ultimately having multiple interaction exchanges.

NYS OCFS Topic: 1

CDA Subject Area: Physical, Social, Cognitive, Communication

Core Body of Knowledge Competency Area: Child Growth & Development

Presenter: Barbara Pirnat, MS/Ed., Director of Early Intervention at Variety Child Learning Center
(Room 1B)

3C. STEM (Science, Technology, Engineering and Math)

Let's explore the importance of STEM (Science, Technology, Engineering and Math) through hands-on activities related to each area and how to use the materials in your program to facilitate these engaging activities.

NYS OCFS Topic: 3

CDA Subject Area: Learning Environment

Core Body of Knowledge Competency Area: Environment & Curriculum

Presenter: Alissa Repetti, Dawn Daniello & Gillian Kessinger, Early Childhood Specialists
(Room LLB)

4C. Understanding and Responding to Sexual Behaviors of Children

This is an interactive workshop designed for parents, early education and care professionals, and others who have contact with children and/or their families. Attendees will increase their knowledge and skills to identify "developmentally expected" sexual behaviors of children and youth and distinguish developmentally expected behaviors from those that might be inappropriate, coercive, abusive, or illegal. Several scenarios are presented describing sexual behaviors of children that participants might witness in their homes, in day care settings, schools, and other youth-serving organizations. These responses can help build protective factors in children so that their risks to be victimized or to perpetrate sexual abuse can be reduced.

NYS OCFS Topic: 6

CDA Subject Area: Self

Core Body of Knowledge Competency Area: Health, Safety & Nutrition

Presenter: Diane Harvey, Associate Director of Education, Safe Center
(Room 1C)



Child Care Council of Nassau, Inc.

"Every Day Counts in the Life of a Child"

Equity, Diversity and Inclusion Statement for Professional Development

It is the commitment of *Child Care Council of Nassau, Inc.* and its management to ensure this place of work is free from negative, aggressive, and inappropriate behaviors, and that the environment is aimed at providing high quality services in an atmosphere of respect, collaboration, openness, safety and equality. All employees have the right to be treated with dignity and respect.

Child Care Council of Nassau, Inc. considers the diversity of its training participants, consultants, and staff to be a strength and critical to its educational mission. Council expects every member of the community to contribute to an inclusive and respectful culture for all in its classrooms, work environments, and at events. Dimensions of diversity can include age, race, sex, national origin, ethnicity, gender identity and expression, intellectual and physical ability, sexual orientation, income, faith and non-faith perspectives, socio-economic class, political ideology, education, primary language, family status, military experience, cognitive style, and communication style. The individual intersection of these experiences and characteristics must be valued in our community.

Protection from negative, aggressive, and inappropriate behaviors extends to all constituents: families, child care providers, employers, community leaders and our own staff and Board of Directors and expands beyond the place of work to off-site and work-related events. It is the responsibility of the entire *Child Care Council of Nassau, Inc.* community to provide a healthy professional development environment, where all communication and interactions are marked by dignity and respect.

Ground Rules for Professional Development Sessions:

1. Respect and learn from the diversity within the group
2. Use respectful, supportive, and encouraging language in all interactions, no matter the subject of conversation
3. Maintain privacy and confidentiality
4. Ask for clarification when needed
5. Raise questions and express disagreement using appropriate language and tone of voice
6. Approach conflict with maturity and true desire for resolution, rather than as a fight or opportunity to belittle another person
7. Help to create an environment that supports learning
8. Share speaking time
9. Stay on task
10. Turn off cell phones or silence them

Super Saturday Registration Form – October 27, 2018

Please use one form per registrant. This form may be duplicated. Type or print clearly. Registrations must be received by **Friday October 19, 2018.**

Don't Be Left Out. Space is limited. Register Today!

Name: _____

Program/Center Name _____

Address: _____ Town: _____ Zip: _____

Phone :(____) _____ Email: _____

Select payment: Regular Fee (\$80.00) CSEA/VOICE Grant (\$80.00)

Member Fee (\$65.00) CSEA/VOICE Grant (\$65.00)

FDC/GFDC CACFP Participant (\$50.00) (Must attend session 1B)

Select payment type: Check (enclosed) Cash Money Order

Credit/Debit Card (include information below)

Select card type: Master Card Visa American Express Discover

Credit Card #: _____ Exp. Date: _____ CVC Code: _____

Name of Cardholder: _____

Billing Address: _____ Town: _____ Zip: _____

PAYMENT MUST ACCOMPANY YOUR REGISTRATION FORM.

Make checks payable to: CHILD CARE COUNCIL OF NASSAU

PLEASE MAIL TO: Sandra Garcia, Child Care Council of Nassau, Inc.
99 Quentin Roosevelt Blvd, Suite 201, Garden City, NY 11530

-OR-

FAX WITH CREDIT CARD PAYMENT INFORMATION TO:

516-358-9287
Attn: Sandra Garcia



Child Care Council of Nassau, Inc.

"Every Day Counts in the Life of a Child"

99 Ouentin Roosevelt Blvd. Suite 201 Garden City NY 11530

Change Service Requested

NON-PROFIT ORG.
U.S. POSTAGE
PAID 421
PERMIT NO.
Garden City NY

**Dated Material –
OPEN Immediately!**

**LOW COST
TRAINING!
\$80.00/\$65.00**

Follow us on social media: @childcarenassau

