

FREE – New York State Conference on Maternal Depression

Attend this conference to align your practice with the statewide effort to screen for, diagnose and treat maternal depression

Presented by Project TEACH, a project funded by the New York State Office of Mental Health.

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Friday, October 12, 2018
8:00 am - 5:00 pm

Hilton Albany
40 Lodge Street
Albany NY 12207
(518) 462-6611

Registration Closed

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practices that treat women and children.

Attend this conference to network with renowned leaders in women's health and enhance how you:

- Identify effective evidence-based screening and treatment strategies
- Prioritize practice change around screening, treatment, payment and more
- Use strategies that work for patient-centered care, stigma reduction, and engagement
- Help break down barriers to creating healthy children and families across New York State

Featured Faculty

Registration Closed



Event Agenda

Hilton Albany, 40 Lodge Street, Albany, NY 12207 Friday, October 12, 2018 - 8:00 am - 5:00 pm

Introduction & Overview

8:00 – 8:30 AM
Registration & Breakfast

8:35 – 8:45 AM
Welcoming Remarks
Matt Perkins, MD, MBA, MPH on behalf of the Office of Mental Health
David Rubin, MD on behalf of the Statewide Coordination Center

8:50 – 9:00 AM
Overview of Conference & Assessment of Needs in NY
Lee S. Cohen, MD and Dr. Marlene P. Freeman, MD

Morning Track: The Challenge of Diagnosis, Screening, and Treatment of Maternal Mood and Anxiety Disorders

9:05 – 9:35 AM
Prevalence and Consequences of Maternal Mood and Anxiety Disorders
Laura F. Pettilo, MD

9:40 – 10:10 AM
Accurate Diagnosis for the Primary Care Setting: Identification of Depression, Bipolar Disorder, Psychotic Disorders and Anxiety Disorders
Rita Nonack, MD, PhD

10:15 – 10:45 AM
Screening for Maternal Mood and Anxiety Disorders: Tools and Steps to Enhance Treatment Engagement
Lisa Weinstock, MD

10:50 – 11:20 AM
Facilitated Discussion and Q&A
Marlene P. Freeman, MD

11:25 – 11:55 AM
Lunch

12:00 – 1:00 PM
Treatment Considerations for Pregnant and Postpartum Women: Medication Treatments: Risks, Benefits, and How to Select Medication Treatments
Lee S. Cohen, MD
Marlene P. Freeman, MD

1:05 – 1:35 PM
Treatment Considerations for Pregnant and Postpartum Women: Non-pharmacologic Treatment
Margaret G. Spinelli, MD

1:40 – 2:00 PM
Other Critical Treatment Considerations: Substance Misuse Disorders, Interpersonal Violence, and Trauma
Edwin Rath, MD, MPH

2:00 – 2:15 PM
Coffee break

Afternoon Track: Successful Provision of Care and Engagement of Patients Patient Centered Care

2:15 – 2:40 PM
Patient Education and Stigma Reduction
Sonia Murdock

2:20 – 3:05 PM
Cultural Competency
Nhi-Ha Thuy Trinh, MD, MPH

Logistics of Prioritizing Maternal Mental Health into Practice

3:10 – 3:30 PM
Payment
Douglas Fish, MD and Amy Jones-Renaud, MPH

3:30 – 3:50 PM
Practice Change – Multidisciplinary Perspectives: Adult Primary Care, Obstetrics, and Pediatrics
Mary E. D'Alton, MD

3:50 – 4:10 PM
Linkages and Referrals: Overview of Project TEACH Maternal Depression Program
David Rubin, MD

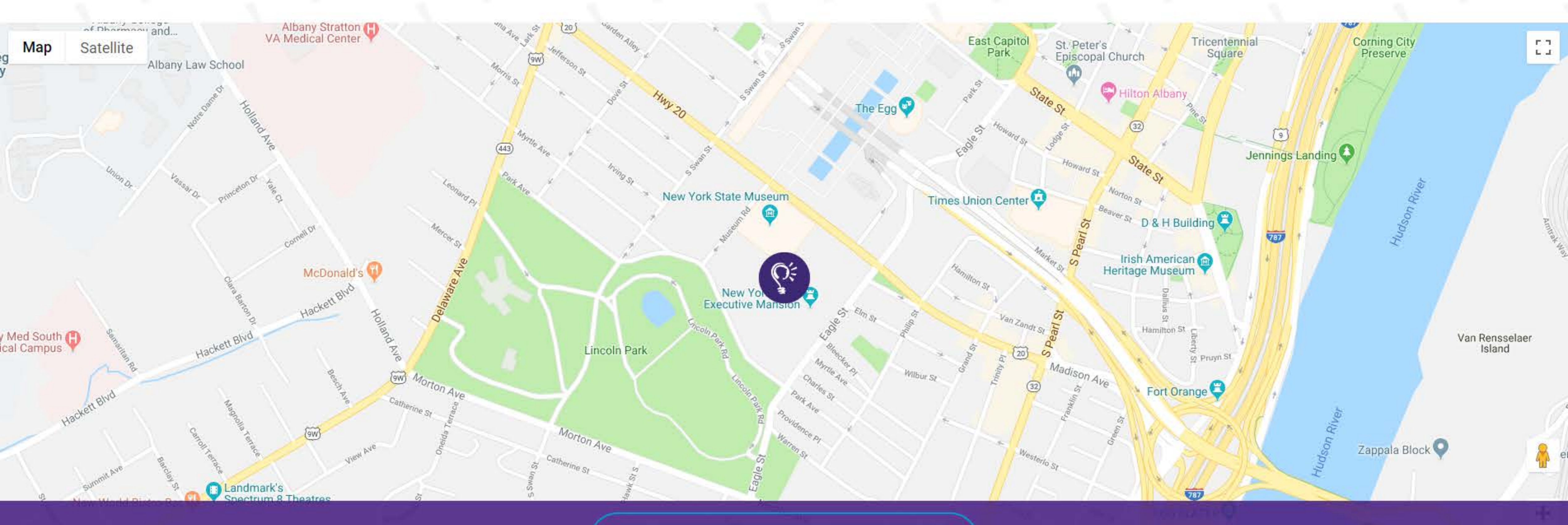
Afternoon Track: Successful Provision of Care and Engagement of Patients

4:15 – 4:45 PM
Facilitated Discussion and Q&A
Lee Cohen, MD

4:50 – 5:00 PM
Future Directions
Matt Perkins, MD, MBA, MPH
David H. Rubin, MD

5:00 PM
Adjourn

[VIEW FULL AGENDA](#)



[GET DIRECTIONS ON GOOGLE MAPS](#)

CME Information

Registration Closed

Learning Objectives

The goals for this conference are to:

- Recognize the presentation, diagnosis, comorbidity, and epidemiology of maternal mood and anxiety disorders.
- Review the screening tools available for mood and anxiety disorders including techniques to enhance their utilization.
- Differentiate unipolar depression with bipolar disorder, anxiety disorders, and psychotic disorders in pregnancy.
- Describe the stigma associated with mental health concerns during pregnancy and the post-partum period and describe techniques and resources for patient education to reduce stigma.
- Compare and contrast the pharmacological and nonpharmacological interventions for woman during pregnancy and the post-partum period.

Target Audience

The target audience for this event is: primary care physicians, obstetrician-gynecologists, adult psychiatrists, child and adolescent psychiatrists, nurse practitioners, and midwives.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of McLean Hospital and Massachusetts General Hospital. McLean Hospital is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit

6.50 AMA PRA Category 1 Credits™ Physicians should only claim credit commensurate with the extent of their participation in the activity.