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- Conference
- Registration
- Group Registration
- Student Registration
- Schedule
- Speakers**
- Topics & Abstracts
- Continuing Education Units
- Mental Health in the Perinatal Period Add-on 2018
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- Breastfeeding Education and Advocacy Add-on 2018
- How GOLD Works
- Virtual Exhibitors
- Conference Programme (PDF)

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"To laugh often and much; To win the respect of intelligent people and the affection of children... To leave the world a better place... To know even one life has breathed easier because you have lived. This is to have succeeded." Ralph Waldo Emerson #GOLDperinatal2018 #PMAD

15h

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Thank you for a fantastic, information packed presentation @DrCHibbert! Be sure to visit Dr. Hibbert's many resources: DrChristinaHibbert.com @DrChibbert @drchristinahibbert

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Opening Keynote Presentation

Welcome to your opportunity to learn what GOLD Perinatal is all about! We are pleased to offer this free Keynote Presentation which offers valuable education from a leader in the perinatal field. Listen live and experience our interactive platform that allows delegates to get to know one another and pose questions to the speaker or listen to the recording at your convenience. Invite your friends and colleagues and listen together! It's a great way to generate discussion, new ideas or perspectives and reinvigorate passion and inspiration.

The public access to this presentation is available for a limited time, so be sure to sign up so you don't miss out! Only our delegates who are registered for the full conference will be able to claim continuing education hours and you can do so by logging into the Delegates Area prior to watching the presentation.

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Oct 1, 2018 16:00 UTC and 22:00 UTC

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Keynote Speaker & Presentation Info


CHRISTINA G. HIBBERT, PSY.D.

Biography:

Dr. Christina Hibbert is the bestselling author of *This Is How We Grow, Who Am I Without You, 8 Keys to Mental Health Through Exercise*, & the forthcoming *Mastery of Motherhood* (www.MasteryOfMotherhood.com). She is a clinical psychologist specializing in women's and maternal mental health, parenting, grief/loss, self-worth, and personal growth, and host of the weekly web radio/TV show, "Motherhood." Dr. Hibbert is a popular speaker, founder of the Arizona Postpartum Wellness Coalition, and producer of the internationally-sold DVD, *Postpartum Couples*. A mother of six, Christina was named "Mother of the Year" AZ, 2018, and lives in Flagstaff, AZ, with her husband and family. Learn more about Dr. Hibbert through her award-winning website and blog, "The Psychologist, The Mom, & Me," at www.DrChristinaHibbert.com.

Abstract: Perinatal Mood & Anxiety Disorders: Essential Clinical Skills

Knowing the signs and symptoms of perinatal mood and anxiety disorders (PMADs) is an important starting point, but what happens next? How do you bring up PMADs and maternal mental health, assess, know when to refer, and ensure clients actually receive the treatment they need? Dr. Christina Hibbert reassures, "You don't have to know it all." Whether you're a medical, mental health, or other support professional working with perinatal women and families, understanding the fundamental clinical skills essential to perinatal mental health will provide the quality of care your clients and patients deserve. What can you say? How can you ensure the proper diagnosis? And what are the resources when you need to refer? Learn these skills and more in this inspirational, informative presentation.

Live Presentation Schedule

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Additional Information

CEU Certificates:

Educational Credits for this presentation are available for Registered Delegates only. Registered Delegates will be able to confirm attendance at the Keynote Presentation on their Delegate Attendance Record once the GOLD Perinatal Conference gets underway.

*Free access to the general public is only available at the live online presentation or on our website as a recording until October 15, 2018.

*Please be aware that the Handouts to this presentation are for use only by individuals who have attended the live or recorded version of this presentation; and that they are for personal use only and are not to be shared with other non-attending individuals. Thank you.

GOLD Perinatal Online Conference
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- Registration
- Schedule
- Speakers
- Presentation Information
- Continuing Education

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