



Maternal Depression Conference Agenda

8:00 – 8:30 AM

Registration & Breakfast

8:35 – 8:45 AM

Welcoming Remarks

Brief Welcome from Dr. Matthew B. Perkins, MD, MBA, MPH, and Dr. Michael T. Compton, MD, MPH on behalf of the Office of Mental Health

Brief Welcome from Dr. David H. Rubin, MD on behalf of the Statewide Coordination Center

8:50 – 9:00 AM

Overview of Conference & Assessment of Needs in NY

Dr. Lee S. Cohen, MD – Director, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital; Edmund and Carroll Carpenter Professor of Psychiatry, Harvard Medical School

Dr. Marlene P. Freeman, MD - Associate Professor, Psychiatry, Harvard Medical School; Associate Director, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital; Associate Director, Perinatal and Reproductive Psychiatry Program; Medical Director, CTNI; Abra Prentice Foundation Chair in Women’s Mental Health

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Morning Track: The Challenge of Diagnosis, Screening, and Treatment of Maternal Mood and Anxiety Disorders

9:05 – 9:35 AM

Prevalence and Consequences of Maternal Mood and Anxiety Disorders

Dr. Laura F. Petrillo, MD – Instructor, Psychiatry, Harvard Medical School; Director of Training, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital

9:40 – 10:10 AM

Accurate Diagnosis for the Primary Care Setting: Identification of Depression, Bipolar Disorder, Psychotic Disorders and Anxiety Disorders

Dr. Ruta Nonacs, MD, PhD – Instructor, Psychiatry, Harvard Medical School; Staff Psychiatrist, Perinatal and Reproductive Psychiatry Clinical Research Program, Massachusetts General Hospital; Editor in Chief, womensmentalhealth.org, The Ammon-Pinizzotto Center for Women’s Mental Health, Massachusetts General Hospital

10:15 – 10:45 AM

Screening for Maternal Mood and Anxiety Disorders: Tools and Steps to Enhance Treatment Engagement

Dr. Lisa Weinstock, MD – Psychiatrist, The Motherhood Center of New York; Clinical Assistant Professor, Psychiatry and Behavioral Sciences, New York Medical College.

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10:50– 11:20 AM	Facilitated Discussion and Q&A Dr. Marlene P. Freeman, MD
11:25 – 11:55 AM	Lunch
12:00 – 1:00 PM	Treatment Considerations for Pregnant and Postpartum Women: Medication Treatments: Risks, Benefits, and How to Select Medication Treatments Dr. Lee S. Cohen, MD and Dr. Marlene P. Freeman, MD
1:05 – 1:35 PM	Treatment Considerations for Pregnant and Postpartum Women: Non-pharmacologic Treatment Dr. Margaret G. Spinelli, MD - Clinical Professor, Psychiatry, Department of Psychiatry, Columbia University Vagelos College of Physicians and Surgeons; Founder and Former Director, Women's Program in Psychiatry at Columbia University
1:40 – 2:00 PM	Other Critical Treatment Considerations: Substance Misuse Disorders, Interpersonal Violence, and Trauma Dr. Edwin Raffi, MD, MPH - Instructor, Psychiatry; Harvard Medical School; Staff Psychiatrist, The Ammon-Pinizzotto Center for Women's Mental Health, Massachusetts General Hospital
2:00 – 2:15 PM	Coffee break



Afternoon Track: Successful Provision of Care and Engagement of Patients

2:15– 3:05 PM

Patient Centered Care

2:15 – 2:40 PM

Patient Education and Stigma Reduction

Ms. Sonia Murdock -- Co-founder and Executive Director,
Postpartum Resource Center of New York, Inc.

2:20 – 3:05 PM

Cultural Competency

Dr. Nhi-Ha Thuy Trinh, MD, MPH -- Director, Department of
Psychiatry Center for Diversity, Massachusetts General Hospital;
Director of Multicultural Studies and Director of Clinical
Services, Depression Clinical and Research Program,
Massachusetts General Hospital; Assistant Professor, Psychiatry,
Harvard Medical School

3:10 – 4:10 PM

Logistics of Prioritizing Maternal Mental Health into Practice

3:10 – 3:30 PM

Payment

TBD

3:30 – 3:50 PM

**Practice Change – Multidisciplinary Perspectives: Adult
Primary Care, Obstetrics, and Pediatrics**

TBD

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ProjectTEACH

TRAINING AND EDUCATION FOR THE ADVANCEMENT OF CHILDREN'S HEALTH

3:50 – 4:10 PM

Linkages and Referrals: Overview of Project TEACH Maternal Depression Program

Dr. David H. Rubin, MD

4:15 – 4:45 PM

Facilitated Discussion and Q&A

Dr. Lee Cohen, MD

4:50 – 5:00 PM

Future Directions

Dr. Matthew B. Perkins, MD, MBA, MPH, and Dr. David H. Rubin, MD

5:00 PM

Adjourn