



TOP TEN SAFETY TIPS

- 1. Make a plan, let someone know where you are.**
- 2. Always wear a personal flotation device.**
- 3. Always use a stand up paddle board leash.**
- 4. Know your surroundings/paddle locations WELL.**
- 5. Know the weather. Avoid offshore winds.**
- 6. Understand buoys and right of way for vessels.**
- 7. Carry fresh water and snacks on longer trips.**
- 8. Consider a private lesson from qualified coaches.**
- 9. Do not paddle beyond your skill level.**
- 10. Always have fun!**