



# Perinatal Mood Disorders: Components of Care

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## PSI's Perinatal Mood Disorders: Components of Care

This two-day course, taught by expert and engaging faculty, uses a thorough, evidence-based curriculum designed for psychiatrists, nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, and anyone interested in building skills for assessment and treatment of perinatal mood disorders.

**Faculty:** Birdie Gunyon Meyer, RN, MA | Ann Dunnewold, PhD | Carly Snyder, MD | Nancy Owen, RN, BSN,CLC | Sonia Murdock

### Objectives:

Upon completion of this course, participants will be able to:

1. Identify the challenges faced when identifying and treating Perinatal Mood and Anxiety Disorders.
2. Describe the symptoms and understand the differential diagnosis of prenatal and postpartum depression, anxiety, panic disorder, OCD, PTSD, bipolar disorders and psychosis.
3. Discuss psychopharmacology as it relates to pregnancy, postpartum, and lactation.
4. Assess prenatal and postpartum risk factors.
5. Assess for Perinatal Mood and Anxiety Disorders.
6. Identify treatment options for PMADs.
7. Discuss breastfeeding and PMADs.
8. Develop psychosocial and self-help treatment plans as well as appropriate psychotherapy techniques and alternative therapies
9. State appropriate psychotherapy modalities.
10. Indicate consequences of untreated Perinatal Mood and Anxiety Disorders.
11. Discuss effects and consequences on partners.
12. Identify social support, legislative changes, and community resources, including how to set up support groups and offer social support.
13. Discuss cultural differences and PMADs.
14. Discuss spirituality and PMADs.

### Registration Fees:

Full Registration Fee.....	\$375.00
PSI Member Registration Fee.....	\$325.00
PSI Volunteer or Student Registration Fee.....	\$275.00

If you need a discount code for one of the discounted rates listed above, please contact Orrin Banta at [obanta@youth4change.org](mailto:obanta@youth4change.org) or (530) 872-3896 extension 4.

Your registration includes a light breakfast and lunch, training manual, handouts, and certification of continuing education credits.  
Registration Deadline: May 10, 2017.

**Cancellation Policy:** If you cancel before May 11, 2017, you will get a full refund minus a \$50.00 processing fee. If you cancel May 11, 2017 or later, you will be refunded 50% of your registration fee minus a \$50.00 processing fee. Fees can be transferred to future events, and substitutions are accepted.

**Promotional Flyer:** Please help promote this event by downloading the promotional flyer and sending it to your contacts. [Download the flyer here.](#)

### Details

#### When

Wednesday, May 17, 2017 - Thursday, May 18, 2017  
8:00 AM - 5:00 PM  
Eastern Time



Add to  
Calendar

#### Where

Buffalo State College  
Bulger Communications Center North  
1300 Elmwood Avenue  
Buffalo, New York 14222  
USA



Get Driving  
Directions

#### Planner

[Orrin Banta](#)

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