



**In acknowledgment of Suffolk County's  
Perinatal Mood Disorders awareness month**

LIDA in collaboration with The Postpartum Resource Center of New York is offering a Perinatal Mood Disorders Workshop.

Date: Thursday, May 25<sup>th</sup> 2017

Time: 9:00 - 3:00

Place: Postpartum Resource Center of New York  
109 Udall Rd, West Islip, NY

Fee: LIDA members \$80.00 — non members \$100.00

**Perinatal Mood Disorders: Building a Safety Net in our Community**

Guest Speaker: Sonia Murdock, Executive Director Postpartum Resource Center of New York, Inc.

DONA CEUS available: 5.3

## Presentation Objectives

Participants to gain a clear understanding of perinatal mood disorders

Differentially diagnose postpartum depression, anxiety, panic, OCD and psychosis

Assess prenatal risk factors

Gain knowledge on tools to screen and further refer women for treatment

Gain knowledge to available resources and social support for optimum recovery

## Presentation Overview:

Why Care About Perinatal Mood Disorders

Cultural Factors

Incidence of PMD overview with Spectrum handout sheet

Strategies for Prevention and Intervention

Screening Tools

Incidence of PMD overview with handout sheet

Differential Diagnosis

Signs and Symptoms

Risk Factors

Differential Diagnosis

Anxiety/Panic

OCD

PTSD

Impact on child development

Referral to Resources and follow-up

Optimal Treatment

Case Studies

Advocacy

Continuing education

Contact: [info@lidoulas.com](mailto:info@lidoulas.com) or 631-574-2205

[www.lidoulas.com/perinatal-mood-and-anxiety.html](http://www.lidoulas.com/perinatal-mood-and-anxiety.html)