

9TH ANNUAL SOUNDS OF SILENCE 5K RUN

FOR PREGNANCY AND POSTPARTUM DEPRESSION/ANXIETY AWARENESS

In Memory of Lisa Mary Reilly



SAMPLE PUBLIC ADDRESS ANNOUNCEMENTS

April 29th, 9am at Jones Beach participate in the **Sounds of Silence 5k Run Walk Event** to benefit the Postpartum Resource Center of New York to break the Silence of depression and to support our moms and families everywhere. For event information visit: www.soundsofsilenceny.org

OR

April 29th, 9am at Jones Beach participate in the **Sounds of Silence 5k Run Walk Event**. Sounds of Silence, Friends of the Postpartum Resource Center of New York wants YOU to break the silence of depression and anxiety and support our moms and families everywhere. For event information visit: www.soundsofsilenceny.org

Postpartum Resource Center of New York, Inc.
Perinatal Mood and Anxiety Disorders: Finding the Help You Need!
Serving New York State Families since 1998

109 Udall Road, West Islip, NY 11795 | 631-422-2255 | info@postpartumny.org | postpartumny.org | soundsofsilenceny.org

Sounds of Silence, Friends of the Postpartum Resource Center of New York is a fundraising committee of our non-profit organization. All proceeds contributed support the essential programs and services of the Postpartum Resource Center of New York, Inc., a 501(c)(3) IRS recognized non-profit organization. Tax ID# 11-3449880.