

THIS ANNUAL EVENT DEDICATED TO THE LOVING MEMORY OF LISA MARY REILLY



9TH ANNUAL 5K RUN/WALK/STROLLER-WALK & KID'S FUN RUN



29 SATURDAY
APRIL, 2017
9:30 AM / REGISTRATION: 8 - 9 AM
Jones Beach State Park, Field 5
Rain or Shine

AWARDS & PRIZES!

Top fundraiser (team and individual).
Top overall male, female, and under 18 runners.
Top male and female recognition in specified age groups.
Commemorative t-shirts for first 250 registered runners.

RAFFLES!

High Value Products: Electronics, Dining Gift Cards,
Toys, much more... (Must be present to win.)

YOGA WARM UPS • RAFFLES • PRIZES
MUSIC • ARTS & CRAFTS • AWARDS
POST-RUN REFRESHMENTS

Flat course on the beautiful Jones Beach Boardwalk overlooking the ocean.



This event is hosted by the Sounds of Silence, Friends of the Postpartum Resource Center of New York www.postpartumny.org.
Help support Moms, Dads, and Families and raise awareness for Pregnancy and Postpartum Depression/Anxiety Disorders.

FOR INFORMATION & TO REGISTER AND SUPPORT:
(INCLUDING VIRTUAL RUNNER SIGN UP)

POSTPARTUMNY.ORG/SOSRUN2017