



NYU PSYCHIATRY ASSOCIATES IS NOW OFFERING

PERINATAL MOOD AND ANXIETY GROUP THERAPY

DESIGNED TO HELP PREGNANT AND POSTPARTUM WOMEN
STRUGGLING WITH THE ADJUSTMENT TO MOTHERHOOD,
ANXIETY, OR DEPRESSION

STARTING OCT 2016
MON 5:00-6:15 PM

1 PARK AVE 8TH FLOOR
NEW YORK, NY 10016



Facilitated by [Marra G. Ackerman, MD](#), NYU and Columbia-trained psychiatrist,
specializing in perinatal and post-partum mental health.

*Moms encouraged to bring infants up to 1 year old to group (though not required)

**\$150 per weekly session, eligible for out of network insurance reimbursement

For more information, contact Dr. Ackerman at 646-754-4750 or marra.ackerman@nyumc.org