



Thank you for your interest in providing support groups for women with perinatal mood and anxiety disorders and being an important part of the Perinatal Mood and Anxiety Disorders Safety Net.

The Postpartum Resource Center of New York's *Circle of Caring Pregnancy and Postpartum Depression/Anxiety Support Group Program* advanced training of two 8 hour sessions will be hosted on Tuesday, August 23rd and 30th at the Village of Islandia Town Hall, 1100 Old Nichols Road, Islandia, NY 11749 for the community agencies/health centers and supporters who are interested in offering the Postpartum Resource Center of New York's *Circle of Caring Pregnancy and Postpartum Depression Support Groups*.

The *Circle of Caring Pregnancy and Postpartum Depression Support Group Program* is an 8 to 12 session program providing emotional support, psycho-education and coping tools for empowerment for women and families experiencing a perinatal mood and anxiety disorder.

The Training objectives include:

Experienced Group Facilitators to gain knowledge and understanding of perinatal mood and anxiety disorders and to gain knowledge of the *Circle of Caring Support Group Program* in order to offer a support group to the community they serve.

For Group Facilitators to gain understanding and knowledge of program set up and implementation to provide the *Circle of Caring Support Group Program* in their community by reviewing and practicing the *Circle of Caring* curriculum. Includes review of program set-up, publicity, weekly curriculum, printed and video materials and resources.

To Register: Complete and return with payment the following Registration Form. If you have any questions, please let us know.

Sincerely,

Sonia Murdock
Executive Director

The Postpartum Resource Center of New York, Inc. is a 501(c)(3) IRS recognized not for profit organization. Since 1998, we have been providing emotional support, education and healthcare and support group resources to New York State families at risk or experiencing a perinatal mood and anxiety disorder.

109 Udall Road, West Islip, NY 11795 – postpartumNY.org
Office 631-422-2255 fax 631-661-8591 – State-wide Helpline 855-631-0001



REGISTRATION FORM

Postpartum Resource Center of New York's Training Institute
Circle of Caring Pregnancy and Postpartum Depression/Anxiety Support Group

Advanced Facilitator Training

August 23 & 30, 2016 ♦ 9am – 4pm

Village of Islandia Town Hall, 1100 Old Nichols Road, Islandia, NY 11749

Mail completed Registration Form with payment to:
Postpartum Resource Center of New York, 109 Udall Road, West Islip, NY 11795

Questions? Contact info@postpartumny.org or 631-422-2255 or 855-631-0001

Registration Fee (lunch provided): \$250

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ **Mobile:** _____

Email: _____

What are you seeking to achieve with completing this training?

Do you have support group facilitation experience?

What has been your experience to date with supporting women and families with perinatal mood and anxiety disorders?