

P R O J E C T



Postpartum Resource Center of New York

**Every year over 50,000 New York State families will be affected by a perinatal mood and anxiety disorder — the #1 medical complication related childbearing.**

When perinatal mood and anxiety disorders are left undetected, untreated and undertreated, devastating consequences may occur to the parents, child, family and society.

These consequences include: child neglect and abuse, decreased safety precautions, developmental delays/behavioral problems, disability/unemployment, substance and alcohol abuse, domestic violence and infanticide, homicide, and suicide.

**Help to build and strengthen the Perinatal Mental Wellness Parent Support Network and Safety Net in your community.**

By offering prevention programs, screening and awareness campaigns, education and trainings, *Circle of Caring* pregnancy and postpartum depression/anxiety support groups and collaborations to increase treatment and support services — together we can better help save lives and build healthy families for vibrant New York communities now and for future generations.

**Join us today and be included in the Postpartum Resource Center of New York's  
VISION – Project 62™  
[postpartumny.org/project62](http://postpartumny.org/project62)**

**I want to join Project 62™** \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Company Name (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Email form to: **project62@postpartumny.org**

Mail form to: Postpartum Resource Center of New York  
Attn: Project 62  
109 Udall Road  
West Islip, NY 11795