

Mother's Circle of Hope

Coping With Depression or Anxiety During Pregnancy or After the Birth of Your Baby?

*You are not alone
You are not to blame
You will be well with help*

Good Samaritan Hospital Medical Center is proud to offer to the local community a support group for women experiencing depression or anxiety related to pregnancy and childbearing.



FREE
hospital-based
perinatal mood
disorder
support group
offered on the
south shore in
Suffolk County

- Perinatal mood and anxiety disorder is the leading medical complication related to childbearing
- 10% of women may experience depression or anxiety during pregnancy and up to 20% within the first 12 months after having a baby
- This free, 8-week support group meets once a week to provide emotional support and information to women in the community

Please call
(631) 376-HOPE or e-mail
circleofhope@chsli.org,
if you would like to
register or learn more
about the
Mother's Circle of Hope
support group



1000 Montauk Highway
West Islip, NY 11795
www.good-samaritan-hospital.org

Mother's Circle of Hope

Coping With Depression or Anxiety During Pregnancy or After the Birth of Your Baby?

*You are not alone
You are not to blame
You will be well with help*

Good Samaritan Hospital Medical Center is proud to offer to the local community a support group for women experiencing depression or anxiety related to pregnancy and childbearing.



FREE
hospital-based
perinatal mood
disorder
support group
offered on the
south shore in
Suffolk County

- Perinatal mood and anxiety disorder is the leading medical complication related to childbearing
- 10% of women may experience depression or anxiety during pregnancy and up to 20% within the first 12 months after having a baby
- This free, 8-week support group meets once a week to provide emotional support and information to women in the community

Please call
(631) 376-HOPE or e-mail
circleofhope@chsli.org,
if you would like to
register or learn more
about the
Mother's Circle of Hope
support group



1000 Montauk Highway
West Islip, NY 11795
www.good-samaritan-hospital.org