

BREAKING *the* SILENCE

7th Annual 5K Run/Walk/Stroller-Walk
& Kid's Fun Run

Saturday, May 9th, 2015

Jones Beach State Park - Field 5

Registration 8am – 9am

Race Time 9:30am

Rain or Shine



Join Us

Help support New York State
Moms, Dads, and Families

for

Pregnancy and Postpartum
Depression/Anxiety Awareness.

And to help raise funds for the essential services of the
Postpartum Resource Center of New York.

For more information, to register and support:
runsignup.com or postpartumny.org
(Race name: 7th Annual Sounds of Silence 5K Run)

This event is hosted by the Sounds of Silence, Friends of
the Postpartum Resource Center of New York.

The Postpartum Resource Center of
New York is a mission project supported
by Westminster United Presbyterian
Church in West Islip, New York.