## Good Samaritan Hospital Medical Center *Presents:*

## "Keep Getting Better" Perinatal Mood Disorders Support Group

This ongoing, bi-monthly group for women who have attended the Circle of Hope or Circle of Caring programs, provides support, camaraderie and education to help continue your recovery.

Don't travel this journey alone!

Recovery from Perinatal Mood Disorders is an ongoing process and may at times be frustrating and isolating. Members share common experiences and provide each other with inspiration and support.

Run by specially trained Healthcare Professionals.

1<sup>st</sup> and 3<sup>rd</sup> Thursdays 7:00 P.M. to 8:30 P.M.

Free of Charge, Come and Go

Meeting Location: 661 Deer Park Avenue, Babylon Side Entrance, Downstairs

For Additional Information, Please Call 376-HOPE.